

What is claimed is:

1. A method of playing a game, comprising:
providing a playing field having a first end line and a
5 second end line opposite the first;
providing a spherical-shaped game ball;
providing a first pair of goal posts in association with the
first end line and a second pair of goal posts in
association with the second end line such that the goal
10 posts define first and second rectangular-shaped
scoring areas perpendicular to and in contact with the
playing field;
providing a first team of players having as objectives to
move the ball toward the second goal posts by dribbling
15 the ball and to score points by throwing or kicking the
ball through the second scoring area;
providing a second team of players having as objectives to
move the ball toward the first goal posts by dribbling
the ball and to score points by throwing or kicking the
20 ball through the first scoring area of the goal posts;
and
providing a set amount of time for the teams to carry out
the objectives.
- 25 2. The method of claim 1 wherein a player of one team
passes the ball to another player of the same team when
confronted by a player of the other team.
3. The method of claim 1 wherein a player of one team
30 defends the goal by blocking or intercepting the ball when
the ball is thrown by a player of the other team.

4. The method of claim 1 wherein a player of one team kicks off the ball from the end line when the other team scores a point.

5 5. The method of claim 4 wherein the other team must be at least 25 feet from the end line during kick off.